

Oak Meadow & Buckeye Union Mandarin Immersion Schools

October 31, 2023

Happy Halloween, Oak Meadow and BUMI Families,

October is one of my favorite months of the year. I love the changes in the leaves, the change in the weather, and the sense of calm that the fall weather brings. However, as I look back over the month of October, I don't think the word calm describes this past month. We've had a very exciting month here at Oak Meadow/BUMI.

Cross Country - Our Cross Country team is a competitive force! Congratulations to our runners and coaches for an outstanding season. Our 3rd grade girls and our 5th grade boys placed third overall in the championship meet. Well done, runners!

Field Trips - Several of our classes have had the opportunity to go on field trips already. Our 2nd and 5th graders were able to see a live performance of the Wizard of Oz starring some of our very own students. And the Kindergarteners went on their very first field trip ever to Fog Willow. These kinds of experiences couldn't happen without our parent volunteers and the support of our PTO.

School Assemblies - We've also had a few assemblies this month that kids seemed to enjoy. Our local fire department came in for a fire safety assembly, and we were lucky enough to have the U.S. Air Force Band come to our school to perform for us. Several of the band members speak Mandarin and performance was filled with exciting music and storytelling in both English and Mandarin.

Parent Meetings - Our camps was also busy with lots of opportunities for parent participation. A parent information night presented by our very own Ms. Leslee who shared information about the Zones of Regulation, and Dr. Roth (BUSD Superintendent) was on campus to meet with families during our PTO Meeting and our Coffee and Conversations Event.

Harvest Festival - And finally, our Harvest Festival was a fantastic success. Our PTO went above and beyond this year with all of the new activities, but the sense of community was felt on our campus that evening. Thank you, PTO and volunteers for making the event one to remember!

As we head into the month of November, it almost seems natural to focus on gratitude. In fact, just the other day I was thinking about all of the things I'm grateful for on our school campus - the dedication and hard work of every staff member, the sense of community among families and staff, the willingness of our volunteers to share their time and talents with our students, the joy on students' faces when they finally "get it", the generosity of our PTO..... the list is endless! What a special school we have thanks to all of you!

Cinnamon Johnson
cjohnsrud@buckeyeusd.org
Principal



Oak Meadow & Buckeye Union Mandarin Immersion Schools

October 31, 2023

STOPit

All sites in our district have contracted with a new anonymous reporting system called STOPit. Students and guardians are able to use this system to anonymously share information to provide or get help as quickly and efficiently as possible. Reports are immediately sent to administration for review. Some examples of information to report include bullying, harassment, violence, weapons possession, and/or discrimination. Posters with QR codes will be posted in common areas around campus and there is a link under the "Students" tab on our school website for access to make a report.

For more information, see the flyer here: [STOPit Flyer](#)

Help Keep Our Campus Safe!

All volunteers/visitors on campus must sign in and out at the office before entering and leaving campus during school hours. Please be sure to wear your volunteer sticker indicating you have signed in.



Drop Off & Pick Up

Thank you for your ongoing patience in the parking lot in the mornings and afternoons. In an effort to keep traffic flowing, and to ensure everyone's safety, please be mindful of the following:

REMINDERS

- Please **slow down** when in our parking lot.
- Please **remain in your vehicle** when pulled up alongside a curb.
- Please pull your vehicle up behind other vehicles to minimize large gaps.

Attendance Corner

What is considered an excused absence?

By law [EC § 48205], excused absences are: illness (fever 100° or more), persistent runny nose (not allergy related), vomiting, diarrhea, medical/dental appointments), death in the family, specific religious reasons, required appearance in court, and exclusion from school for contagious disease.

What can I do if my child needs to be out of school for a length of time?

If your child must go out of town for three (3) or more days, you may request that your child is signed up for an Independent Study Agreement. Please note that teachers need at least one week's notice in order to prepare materials without interrupting their instructional time.



Oak Meadow Elementary & Buckeye Union Mandarin Immersion

Buckeye Union School District
7701 Silva Valley Parkway-El Dorado Hills, CA 95762
(916)933-9746 FAX (916)933-9784
Web Site- www.buckeyeusd.org/omes & www.buckeyeusd.org/bumi



Parent Bulletin #4

November 2023

Cinnamon Johnsrud/Principal

School Times: All Mandarin grades and First - Fifth grades: 7:55am - 2:07pm

AM Kindergarten/TK Times: 7:40am - 11:10am, PM Kindergarten Times: 11:11am - 2:41pm

Minimum Day Dismissal Time: All Mandarin grades & First - Fifth grades - 12:02pm (Lunch is always served on minimum days)

Early Release Wednesdays: All Mandarin grades & First - Fifth grades: 7:55am - 1:10pm,

IMPORTANT DATES

11/6 ~ ELAC Meeting, 2:15 in the Library

11/9 ~ Dine Out at Papa Murphy's

11/9 ~ Spirit Day—Holiday for Heroes: Wear Red, White & Blue or Camouflage

11/10 ~ Veteran's Day—NO SCHOOL

11/15 ~ PTO Meeting, 12:30 in room G5

~Adopt A Class~

Thank you to the following families and businesses for their generous donations to our Oak Meadow & BUMI Teachers

Matt & Etty Williams, Jaywon's family, Arpita & Anurag Sharma, Bishop family, Bin Li, & Srignesh Yanaparti's family.



Oak Meadow PTO

NOVEMBER

Newsletter

PTO MEETING
NOV. 15
12:30
ROOM G5

DINE OUT
PAPA MURPHY'S

Pizza

Nov. 9th

SAVE THE DATE

- December 8th - Family Movie Night & Bake Sale 6:00-8:00 pm
- December 11th-14th Holiday Shop

Volunteers
needed

Sign Up Genius
Coming Soon!

www.oakmeadowpto.com

Meet the Masters

Meet the Masters



We extend our sincere gratitude to all the families who took part in this year's MTM Fall Fundraiser!

Mark your calendars for
Friday, April 19th
for our annual
Art Showcase!

This month, we are introducing 3D clay art to our classrooms. Children will get the chance to work with clay and create their own unique projects to be displayed at our annual Art Showcase. It's an excellent opportunity to get messy and have fun while learning.



A Heartfelt Thank You to All
the Parents Who Volunteer
Their Time and Effort

To all the parents who generously volunteer their time and energy in the classroom and at home. Your unwavering support and commitment make our program possible!



Jennifer Guan meetthemasterslead@gmail.com
Sandee SchlAAk meetthemastersom@gmail.com

Counselor's Corner

First of all, I wanted to take a moment to thank all of our OH! SO! generous Oak Meadow & BUMI families for sending in a ton of cozy clothing for our annual Hands4Hope Warm & Fuzzy Drive. The Hands4Hope youth ambassadors are always amazed and delighted at how many trips they have to make to pick up our overflowing donation barrel.

In October, parents were invited to come get a glimpse into [The Zones of Regulation](#), that their students are learning about this year during monthly classroom guidance lessons. I hope those who came found it informative and helpful in using the Zones language and tools to help their children start to identify and help regulate their emotions.

My October classroom lesson was focused on **THE RED ZONE**. The Red Zone is marked by high energy and loss of control. Red zone feelings include: anger, rage, elation, devastation, panic, and terror. During the lesson, students learned about the various **Red Zone** feelings, what parts of the brain are involved, Red Zone triggers, and lots of tools to try.

This month, we'll be talking about **THE YELLOW ZONE**. The Yellow Zone is marked by a loss of some control, and a heightened energy level. Yellow Zone feelings include: frustration, disgust, annoyance, worry, excitement, fear and overwhelmedness.

Check out these Yellow Zone Books:

[Bear Feels Scared](#) by Karma Wilson

[Grumpy Bird](#) by Jeremy Tankard

[Wemberly Worried](#) by Kevin Henkes

[Wilma Jean the Worry Machine](#) by Julia Cook

My first round of groups started a few weeks ago. If you're interested in a counseling group for your child, feel free to reach out for a parent referral form.

If you're interested in more of a 1:1 type counseling experience for your child and need some help connecting, please reach out and I'd be happy to introduce you to our mental health partner, Care Solace. They take the headache out of finding a good fit for your family's needs and insurance coverage.

Christmas is right around the corner and I'm in the process of collecting family names for our annual Holiday Wish Gift Card Drive.

If you are, or know of a family in need, please send me a message at:

lspencer-long@buckeyeusd.org.

~ Miss Leslee

NOVEMBER NURSE'S NOTES!

RECAP!! By special request from some of our BUSD families: Do you know... about **Type 1 Diabetes (T1D)**?

During the winter months, BUSD typically has had one or more students diagnosed with Type 1 Diabetes. The T1D symptoms can often be mistaken for common illnesses such as flu or a cold. Misdiagnosis can have tragic consequences, so learning the warning signs can save a life. Early diagnosis is critical to treatment. **PLEASE, get to know the warning signs for T1D in children and young adults... Knowing these signs (which may occur suddenly) can save a life:**

Extreme thirst	Frequent urination	Increased appetite
Sudden weight loss	Sudden vision changes	Drowsiness, lethargy
Heavy, labored breathing	Fruity or sweet breath odor	Nighttime bedwetting
Altered or loss of consciousness	EXTREME FATIGUE	Hunger with weight loss

If your child or someone else you know begins to experience these symptoms, contact your pediatrician immediately. **Please share what you've learned with others you know.** More information, myths, and support for T1D can be found here: <https://www.jdrf.ca/t1d-basics/signs-symptoms/>

For 6th Grade students, will you be ready for 7th Grade?

IMMUNIZATION UPDATE!!! 7th Grade is set as a **gateway** for having immunizations up to date. Any exemption (medical/PBE) that is **not** through the state system (**CAIR-ME**) **expires at 7th Grade entry**. There is a requirement for Tdap booster for 7th Grade and a 2nd immunization for Varicella which is often missed. **Your child may not receive their schedule or start school in 7th Grade without being up to date...** **6th Grade Families** - Call your child's health office today to make sure they are ready to attend and we have updated records for 7th Grade!!! Here are the immunizations that are required:



<https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-231.pdf>

Also – it may not be too late to get your flu shot!! Here is the clinic information from the county health department:

For additional information on our 2023 Community Flu Clinics, please visit our website - https://www.edcgov.us/government/publichealth/immunizations/pages/flu_clinics.aspx.

Does your child have a medical concern that may require a health plan? Check in with the health team:

Tristan Kleinknight, MSN RN PHN: School Nurse for:

Blue Oak Elementary: Health Clerk I, Carmela Bucci

530-676-0164 x1830, Fax: 530-676-0758

Buckeye Elementary: Health Clerk II Rachel Kelly, LVN

530-677-2277 x1230, Fax: 530-672-1483

Camerado Springs: Health Clerk I, Tammy Collins

530-677-1658 x1530, Fax: 530-677-9537

Valley View Montessori: Health Clerk Sarah Lester, LVN

916-939-9640 x3330, Fax 916-939-5015

Sandy Chavez, MSN RN PHN: School Nurse for:

Oak Meadow Elementary: Health Clerk I, Luz Shaw

916-933-9746 x2130 Fax: 916-933-9784

Rolling Hills: Health Clerk I, Bertha Chau

916-933-9290 x3030 Fax: 916-939-7454

Silva Valley Elementary: Health Clerk I, Tara Nakano

916-933-3767 x2730 Fax: 916-933-6389

William Brooks Elementary: Health Clerk I, Raffaella Avina

916-933-6618 x2430 Fax: 916-933-3910



REMINDER: MEDICATIONS-ALL medications require a permission form to be at school, whether prescription INHALERS or over the counter creams, throat spray or even cough drops –consider sending lifesavers, peppermints or lemon drops instead!!! The BUSD medication permission form link is below – please print, sign and attach to a **CURRENT** physician's order (from 8/01/2023 onwards) or have your pediatrician complete this form:

<https://drive.google.com/file/d/1HtDbavOdNUxn52lQB8849Qc2OYCe6jke/view>

STAY HEALTHY & HAPPY BUSD FAMILIES!!! FROM NURSE TRISTAN & NURSE SANDY

The Café

SCOOP

Click [HERE](#) for this month's menu



Buckeye Union Food Service

What's Cooking?

Our Chili Verde Bowls are made from scratch and full of flavor. The rice is cooked with chicken broth, onion and garlic powder, cumin, allspice, black beans, corn and bell peppers. It's topped with chili verde diced chicken breast and cheese. Sour cream and green enchilada sauce are available as toppings. It's amazing!

Our pears this month come from Stillwater Orchards in Courtland, CA. Stillwater Orchards started growing pears in 1860. Today, this 6th generation family farm is still going strong, providing a variety of high quality fruits and vegetables.



Save the Date!

Oak Meadow & BUMI

JOIN US FOR OUR NEXT SCHOOL

ELAC MEETING

Monday, November 6TH
AT 2:15PM

Library

Come learn
about our
English Learner
Program!

We Hope to See You There!

For More Information Email

amusefisher@buckeyeusd.org



New Session Starts Soon!

✓ Don't miss out - beat the waitlist & sign-up today



SESSION INFO:

Early Engineers @ Oak Meadow Elementary
 Session B: \$144.00
 Monday: 2:15pm-3:25pm
 Dates: 10/30, 11/6, 11/13, 11/27, 12/4, 12/11, 12/18, 1/8

*** GRADES K-6TH ***

SCAN HERE



TO REGISTER ONLINE

916-419-7644
dreamclasses.org

ENRICHMENT EXCELLENCE
SINCE 2006 CELEBRATING 10 YEARS

DID YOU KNOW?
5-YEAR EDUCATION BUILDS CRITICAL THINKING AND PROBLEM-SOLVING SKILLS!

DON'T MISS OUT:
Register for multiple sessions!
Save \$10 OFF for each additional session with our Multi Session discount!

How our classes work:

-  **Classes are right on campus**
Classes are held on campus, 10 minutes after the bell rings.
-  **All supplies are provided**
All building materials are provided and included in the class fee.
-  **A brand new project every week**
Instructors photograph your child's projects for viewing online.

REGISTER ONLINE AT
dreamclasses.org

916.419.7644

This is not a program of the Buckeye Union School District.



MASTER THE GAME OF CHESS

Weekly After School Classes

- ★ TRAINED AND QUALIFIED TEACHERS
- ★ A NEW LESSON EVERY WEEK



SESSION INFO:
(GRADES 1-6)

Chess Academy @ Oak Meadow Elementary
 Session B: \$144.00
 Tuesday: 2:15pm-3:15pm
 Dates: 10/31, 11/7, 11/24, 12/1, 12/15, 1/5, 1/12
 Room: MP Room

ENRICHMENT EXCELLENCE
SINCE 2006 CELEBRATING 10 YEARS

DID YOU KNOW?
Learning to play chess improves concentration, critical thinking, and social skills!

We are not just a club. We are a chess school.
 • Inter-school chess tournaments
 • New lessons every session

My daughter absolutely LOVED it. I was blown away by how much material they covered (:) while still managing to have fun!
 Mary H. | Rocklin CA

REGISTER TODAY
dreamclasses.org

916.419.7644

DON'T MISS OUT:
Register for multiple sessions!
Save \$10 OFF for each additional session with our Multi Session discount!

CHESS ACADEMY

This is not a program of the Buckeye Union School District.

REGISTER TODAY
dreamclasses.org

916.419.7644

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Save \$10 OFF for each additional session with our Multi Session discount!



AFTER SCHOOL

Video game coding classes

Join us as we learn the **LANGUAGE OF TECHNOLOGY** with **SCRATCH**

Many people think computer science is vocational, but the truth is, it's foundational. HoneyCode aims to bring more computer science into our community, while teaching students the basics of coding from a young age. Join us for learning fun!

SESSION INFO:

HONEYCODE @ Oak Meadow Elementary
 Session B: \$144.00
 Thursday: 2:15pm-3:25pm
 Dates: 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14
 Room: MP Room

ENRICHMENT EXCELLENCE
SINCE 2006 CELEBRATING 10 YEARS

DID YOU KNOW?
CHILDREN WHO STUDY ART ARE 4X MORE LIKELY TO BE RECOGNIZED FOR ACADEMIC ACHIEVEMENT!

DON'T MISS OUT:
Register for multiple sessions!
Save \$10 OFF for each additional session with our Multi Session discount!

Age Requirements
Open to grades 2nd - 6th

REGISTERATION now open!
dreamclasses.org

916-419-7644

This is not a program of the Buckeye Union School District.



"My daughter absolutely LOVED it. I was really blown away by how much material they covered (:) while still managing to have fun too!"
 Mary H. | Rocklin CA



Afterschool Art CLASSES

... Let's learn to draw! ...



SESSION INFO:

Firefly Art @ Oak Meadow Elementary
 Session B: \$126.00
 Friday: 2:15pm-3:15pm
 Dates: 11/3, 11/17, 12/1, 12/8, 12/15, 1/12, 1/19
 Room: MP Room

*** GRADES K-6TH ***

ENRICHMENT EXCELLENCE
SINCE 2006 CELEBRATING 10 YEARS

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DON'T MISS OUT:
Register for multiple sessions!
Save \$10 OFF for each additional session with our Multi Session discount!

NEW SESSION STARTS SOON
SIGN UP TODAY!

HOW DO Firefly ART CLASSES WORK?

-  **Classes are right on campus**
Classes are held on campus, and start 10 minutes after the bell rings.
-  **All supplies are provided**
Classes are 60 minutes, and all art supplies are provided and included in the class fee.
-  **A new drawing every week**
Each week, your child will follow-along to create their very own masterpiece!

916-419-7644
dreamclasses.org

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ENRICHMENT EXCELLENCE
SINCE 2006 CELEBRATING 10 YEARS

DID YOU KNOW?
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Join Us to Learn About Girl Scouts!

Come to this virtual Girl Scout information meeting for adults to learn about the Girl Scout program and how to get started.

www.girlscoutshcc.org/join

**Pick a day &
Register for the
Zoom Link here!**



**Ready to Register?
Check out options in
your area here!**



This event is free.

Girl Scouts is a nonprofit organization.

Boy Scouts is a separate organization.

Please contact Sarah Fisher at 916-453-5216 or sarah.fisher@girlscoutshcc.org for more information.

The Buckeye Union School District does not support, sponsor, staff, supervise, or endorse the information, activities, or events posted.

girl scouts 
heart of central
california

CAPTURE YOUR MEMORIES IN THIS YEAR'S OAK MEADOW ELEMENTARY SCHOOL YEARBOOK!

treering

10% OFF

purchase by
October 31



Customize Your 2 Free Pages

Add photos from your computer, Facebook, Instagram, Google Drive & more.

Answer fun Memory Questions to help remember the year.

The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

1 Go to: www.treering.com/validate

2 Enter your school's passcode:
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